

Teppan Menu

Soup, Salad & Appetizers

Seaweed Salad	\$ 10
Green Lettuce, Wakame	
Gomae Salad	\$ 10
Japanese Style Spinach Salad	
Miso Soup	\$ 8
Traditional Japanese Soup	
Prawn Tempura	\$ 16
Vegetable Tempura	\$ 14
Beef Bulgogi	\$ 14

Sushi & Sashimi

Solana's Signature Rolls	\$ 16
Crunchy Vegetable Tempura	
California	
Rainbow	
New Tokyo	
Prawn Tempura	
Salmon	
Spicy Tuna	
Dragon	
Avocado & Cucumber Roll	
Hamachi (Yellow Tail)	
Smoked Mackerel	
Unagi (Eel)	
Assorted Sushi Platter – Non Veg	\$ 30

Nigiri (4 Pcs)

Tuna	\$ 16
Salmon	\$ 16
Hamachi (Yellow Tail)	\$ 18
Unagi (Eel)	\$ 20
Scallops	\$ 20
Crabstick	\$ 16
Ikura (Roe)	\$ 20
Avocado	\$ 14
Asparagus	\$ 14

Sashimi (5 Pcs)

Salmon	\$ 15
Tuna	\$ 15
Hamachi (Yellow Tail)	\$ 18
Scallops	\$ 18
Unagi (Eel)	\$ 22
Sashimi Platter (8Pcs)	\$ 24

Teppanyaki

Lobster	\$ 32
Jumbo Prawns	\$ 30
Red Snapper	\$ 28
Salmon	\$ 28
Scallops	\$ 30
Grouper	\$ 26
Tenderloin	\$ 28
Chicken Breast	\$ 20
Crispy Tofu	\$ 18
Japanese Greens	\$ 18

Choice of Sauce

Black Pepper / Butter Garlic / Hot Basil / Teriyaki / Shogayaki / Japanese BBQ

Sides

Japanese Sticky Rice	\$ 4
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Teppan Fried Rice

Vegetable	\$ 5
Chicken / Prawn	\$ 6

Udon Noodles

Vegetables	\$ 5
Chicken / Prawn	\$ 6

Soba Noodles

Vegetables	\$ 6
Chicken / Prawn	\$ 7

Dessert

Chocolate Sushi	\$ 10
Ice Cream Tempura	\$ 10
Fruit Nigiri	\$ 10

All Prices Are Subject to 12% Government Taxes.

**We do not apply or include service charge - please tip your server if you have had an enjoyable meal!
Many thanks!**